What to include when writing up one-way ANOVA results

1. Remind the reader of the type of test you used and the comparison that was made. The IV and DV do not need to be specifically identified as such but those variables need to be included.

Example:

"ANOVA was conducted to compare the effect of exercise on hamstring flexibility. Comparisons were made between no exercise, moderate exercise, and intense exercise groups."

2. Report significant (or non-significant) of the main effects test.

Example:

"There was a significant difference in hamstring flexibility among the types of exercises at the p < .05 level for the three groups F(2,18) = 4.49, p = .026."

Finding the information on your SPSS printout

"There was a significant different in hamstring flexibility between the remembered at the p<.05 level for the three groups F(2,18) = 4.49, p = .026."

| | 1 I | ANOVA | | L | | _ |
|----------------|-------------------|-------|------|--------|-------|------|
| Flexibility | | | | | | |
| | Sum of Squares | df | Mean | Square | F | Sig. |
| Between Groups | 2214.056 | 2 | 11 | 07.028 | 4.494 | .026 |
| Within Groups | 4433.731 | 18 | 2 | 46.318 | | |
| Total | 6647.787 | 20 | | | | |

Post Hoc Tests

3. Report the results of post hoc analysis ONLY IF THE MAIN EFFECTS RESULTS ARE SIGNIFICANT. Descriptive statistics only need to be reported in post hoc comparisons that are significant. Those comparisons need to include the nature of the difference (i.e., which variable was higher/lower).

Example:

"LSD post hoc test results revealed that the no exercise group had significantly lower hamstring flexibility (M = 34.29, SD = 13.22) compared to the intense exercise group (M = 58.22, SD = 22.64). There was no significant difference in hamstring flexibility between the moderate exercise group and both the no exercise and the intense exercise groups"

Finding the information on your SPSS printout

"LSD post hoc test results revealed that the no exercise group had significantly lower hamstring flexibility (M =34.29, SD = 13.22) compared to the intense exercise group (M = 58.22, SD = 22.64). There was no significant difference in hamstring flexibility between the moderate exercise group and both the no exercise and the intense exercise groups"

| Flexibility | \mathbf{h} | | | Descriptiv | res | | | |
|-------------|--------------|------------------------|-----------|------------|--------------------|-----------------------|---------|---------|
| | | | Std. | | 95% Confiden Me | ce Interval for an | | |
| | N | Mean | Deviation | Std. Error | Lower Bound | Upper Bound | Minimum | Maximum |
| None | 9 | 34.28 <mark>8</mark> 9 | 13.21935 | 4.40645 | 24.1276 | 44.4502 | 22.00 | 63.30 |
| Moderate | 6 | 49.8333 | 9.73626 | 3.97481 | 39.6158 | 60.0509 | 38.00 | 63.10 |
| Intense | 6 | 58.2167 | 22.63514 | 9.24076 | 34.4625 | 81.9708 | 33.10 | 91.90 |
| Total | 21 | 45.5667 | 18.23155 | 3.97845 | 37.2678 | 53.8656 | 22.00 | 91.90 |

all together now...

"ANOVA was conducted to compare the effect of exercise on hamstring flexibility. Comparisons were made among no exercise, moderate exercise, and intense exercise groups. There was a significant difference in hamstring flexibility among the types of exercises at the p < .05 level for the three groups F(2,18) = 4.49, p =.026. LSD post hoc test results revealed that the no exercise group had significantly lower hamstring flexibility (M = 34.29, SD = 13.22) compared to the intense exercise group (M = 58.22, SD = 22.64). There was no significant difference in hamstring flexibility between the moderate exercise group and both the no exercise and the intense exercise groups."